

# Changing Poussette or Carola's Reel

a reel in 32 bars for 2 couples in a longwise set  
recommended tune: The Water Kelpie

- 1 - 4 1st couple cross over giving right hand and cast off one place. 2nd couple step up on bars three and four
- 5 - 6 1st and 2nd lady - giving right hand - turn half way round, while 1st and 2nd man set to each other
- 7 - 8 1st and 2nd couple turn partner with right hand half way round, finishing ready for poussette
- 9 - 16 1st and 2nd couple dance poussette, 1st couple starting to the top, 2nd couple starting to the bottom. At the end, 1st man and 2nd lady as well as 2nd man and 1st lady turns towards each other, ready for poussette
- 17 - 24 1st man with 2nd lady and 2nd man with 1st lady dance poussette, men starting backwards
- 25 - 26 1st man with 2nd lady and 2nd man with 1st lady turn half way round, giving right hand
- 27 - 28 1st and 2nd lady - giving right hand - turn half way round, while 1st and 2nd man set to each other
- 29 - 32 1st couple dance a half figure of eight round 2nd couple

*repeat having passed a couple*

devised by Rudolf Spägele  
for Carola Tress, Kuckucksnest 1993